












MAKE THE CHOICE THAT'S RIGHT FOR YOU.

 EAT WELL  500-CALORIES-OR-LESS  GLUTEN FREE  VEGETARIAN  VEGAN

MONDAY 3.12	WAKIN' UP	Sausage Egg and Cheese on a Bagel	
	SOUPER SOUP	Sweet Italian Sausage Green Lentil	
	CHEF'S TABLE	Honey BBQ Roast Pork Loin	
	SIDES	Mashed Potato	
		Charred Vegetables	
	UPMARKET DELI	Roast Beef, Lettuce, Tomato, Onion w/Horseradish Aioli	
TUESDAY 3.13	DAILY GRILL	Beef Burger, Black Bean & Veggie Burger, French & Waffle Fries, Onion Rings	
	GRILLED SPECIAL	Beef Gyro Bar	
	WAKIN' UP	Bacon Egg and Cheese on a Croissant	
	SOUPER SOUP	Chicken Tortilla	
	CHEF'S TABLE	Chilean Chicken Asado with Cilantro Lime	
	SIDES	Quinoa Pilaf	
WEDNESDAY 3.14		Baby Spinach	
	UPMARKET DELI	Marinated Chipotle Grilled Chicken BLT & Avocado	
	DAILY GRILL	Beef Burger, Black Bean Burger, Veggie Burger, French Fries, Waffle Fries, Onion Rings	
	GRILLED SPECIAL	Grilled Blackened Fish Tacos	
	WAKIN' UP	Crème Brulee French Toast	
	SOUPER SOUP	Beef Barley	
THURSDAY 3.15	CHEF'S TABLE	Dijon Rosemary Lamb	
	SIDES	Garlic Potato au Gratin	
		Roasted Brussel Sprouts	
	UPMARKET DELI	Turkey & Swiss with Lettuce, Tomato, Slaw and Russian Dressing	
	DAILY GRILL	Beef Burger, Black Bean Burger, Veggie Burger, French Fries, Waffle Fries, Onion Rings	
	SALAD SPECIAL	Lime Herb Grilled Salmon Over Caesar Salad	
FRIDAY 3.16	WAKIN' UP	Two Eggs Bacon & Home Fries	
	SOUPER SOUP	French Onion	
	CHEF'S TABLE	Steak au Poivre	
	SIDES	Rosemary Roasted Potatoes	
		Grilled Asparagus	
	UPMARKET DELI	Italian Wrap w/Ham, Pepperoni, Mozzarella, Roasted Peppers, Artichokes, Lettuce, Tomato	
FRIDAY 3.16	DAILY GRILL	Beef Burger, Black Bean Burger, Veggie Burger, French & Waffle Fries, Onion Rings	
	GRILLED SPECIAL	Chicken Cordon Bleu Sandwich	
	WAKIN' UP	Omelet Your Style w/Home Fries	
	SOUPER SOUP	Fish Corn Chowder	
	CHEF'S TABLE	Coconut Curry Shrimp Stew	
	SIDES	Black & Jasmin Rice Pilaf	
FRIDAY 3.16		Mustard Greens	
	UPMARKET DELI	Pesto Mozzarella Tuna Melt	
	DAILY GRILL	Beef Burger, Black Bean Burger, Veggie Burger, Tuna, Salmon, French & Waffle Fries, Onion Rings	
GRILLED SPECIAL	Nacho Burger topped with Shredded Lettuce, Tomato Salsa, Tortilla Chips and Avocado Aioli		

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