



Menu for the Week of: May 14,2018

Managed by CulinArt Group, River Bend Café is open Monday through Friday.
 Breakfast is served from 7:00 am-9:30 am. Lunch is served from 11:30 an -2:00 pm.
 Franklin Hernandez, Chef Manager
 Phone: 203.359.7920; Email: Foodservice@riverbend1.com

MAKE THE CHOICE THAT'S RIGHT FOR YOU.

EAT WELL

500-CALORIES-OR-LESS

VEGETARIAN

VEGAN

Monday 5.14	WAKIN' UP	*Sausage Egg & Cheese On An English Muffin	
	SOUPER SOUP	Chicken Tomato Orzo	
	CHEF'S TABLE	Chicken Francese	
	SIDES	Garlic Mashed Potato Broccoli	
	UPMARKET DELI	Italian Combo	
	GRILL SPECIAL	*Cheddar Stuffed Burger W/Pickled Slaw, Lettuce, Tomato, Fried Onions, Roasted Red Pepper Aioli	
Tuesday 5.15	WAKIN' UP	Banana French Toast W/Bacon	
	SOUPER SOUP	Vegetarian Quinoa Chili	
	CHEF'S TABLE	*Burrito Bar - Chicken Or Beef	
	SIDES	Spanish Rice Black Bean Stew	
	UPMARKET DELI	California Turkey Avocado Club	
	GRILL SPECIAL	*Beef Tips Over Curly Fries Served With Sriracha Aioli	
Wednesday 5.16	WAKIN' UP	*Omelet Florentine	
	SOUPER SOUP	Beef Barley	
	CHEF'S TABLE	*Grilled Teres Major Steak Topped W/Housemade Chimichurri Sauce	
	SIDES	Roasted Garlic Potato Cake Grilled Asparagus	
	UPMARKET DELI	Buttermilk Fried Chicken Sandwich W/Lettuce, Tomato, Pepper Jack Cheese	
	GRILL SPECIAL	*Grilled Blackened Salmon Over Caesar Salad	
Thursday 5.17	WAKIN' UP	*Vegetarian Quiche	
	SOUPER SOUP	Chicken Minestrone	
	CHEF'S TABLE	Sole Milanese W/Tomato Salsa & Balsamic Glaze	
	SIDES	Rice Pilaf Mixed Vegetables	
	UPMARKET DELI	*Corn Beef Rueben	
	GRILL SPECIAL	Chicken Parmesan	
Friday 5.18	WAKIN' UP	*Bacon Egg & Cheese On A Bagel	
	SOUPER SOUP	Split Pea With Ham	
	CHEF'S TABLE	Turkey Pot Pie	
	SIDES	Corn Bread Spinach	
	UPMARKET DELI	Chicken Caesar Wrap	
	GRILL SPECIAL	Caprese Burger W/Lettuce, Tomato, Fresh Mozzarella, Roasted Red Peppers, Avocado & Basil Aioli	

*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness



MENU SUBJECT TO CHANGE