



Menu for the Week of: 6/11//2018

Managed by CulinArt Group, River Bend Café is open Monday through Friday.
 Breakfast is served from 7:00 am-9:30 am. Lunch is served from 11:30 an -2:00 pm.
 Franklin Hernandez, Chef Manager
 Phone: 203.359.7920; Email: Foodservice@riverbend1.com

MAKE THE CHOICE THAT'S RIGHT FOR YOU.

EAT WELL

500-CALORIES-OR-LESS

VEGETARIAN

VEGAN

Monday 6.11	WAKIN' UP	*Sausage & Cheese On A Bagel	
	SOUPER SOUP	Chicken Chick Pea & Spinach	
	CHEF'S TABLE	Stuffed Pork Loin W/Spinach, Roasted Red Peppers, Artichoke Heart & Provolone Cheese	
	SIDES	Rice Pilaf Mixed Vegetables	
	UPMARKET DELI GRILL SPECIAL	Italian Club W/Lettuce, Tomato & Mozzarella *Bbq Cheddar Blt Burger	
Tuesday 6.12	WAKIN' UP	*Spinach Ham Egg & Cheese Waffles	
	SOUPER SOUP	Tuscan White Bean & Sausage	
	CHEF'S TABLE	*Grilled Steak W/Creamy Peppercorn Sauce	
	SIDES	Mashed Potatoes Grilled Asparagus	
	UPMARKET DELI GRILL SPECIAL	Turkey Blt Crispy Chicken Cutlet W/Spinach, Roasted Peppers, Provolone & Basil Mayo	
Wednesday 6.13	WAKIN' UP	Mushroom Spinach & Cheddar Omelet	
	SOUPER SOUP	Shrimp Corn Chowder	
	CHEF'S TABLE	Seared Boneless Half Chicken Topped W/Cherry Pepper Volute	
	SIDES	Potato Au Gratin Sauteed Squash	
	UPMARKET DELI GRILL SPECIAL	Roast Beef Melt W/Caramelized Onions & Horseradish Aioli Beef Or Chicken Quesadilla	
Thursday 6.14	WAKIN' UP	*Sausage \$ Peppers Omelet	
	SOUPER SOUP	Smoked Ham & Split Pea	
	CHEF'S TABLE	Turkey Pot Pie	
	SIDES	Jalapeno Corn Bread Broccoli	
	UPMARKET DELI GRILL SPECIAL	Cuban Sandwich *Grilled Salmon Salad Over Mixed Greens W/Cherry Tomatoes, Diced Oranges & Grapefruit	
Friday 6.15	WAKIN' UP	*Mediterranean Vegetable Omelet	
	SOUPER SOUP	Tomato & Red Pepper Bisque	
	CHEF'S TABLE	Risotto Bar: Shrimp, Chicken Or Tofu	
	SIDES	Risotto Mixed Vegetables	
	UPMARKET DELI GRILL SPECIAL	Chicken Caesar Wrap Grilled Chicked Sandwich W/Cheddar, Jalapeno & Guacamole	

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness



MENU SUBJECT TO CHANGE