



Menu for the Week of: July 9, 2018

Managed by CulinArt Group, River Bend Café is open Monday through Friday.
 Breakfast is served from 7:00 am-9:30 am. Lunch is served from 11:30 an -2:00 pm.
 Franklin Hernandez, Chef Manager
 Phone: 203.359.7920; Email: Foodservice@riverbend1.com

MAKE THE CHOICE THAT'S RIGHT FOR YOU.

EAT WELL

500-CALORIES-OR-LESS

VEGETARIAN

VEGAN

Monday 7.09	WAKIN' UP	*Sausage Egg & Cheese Burrito W/Avocado	
	SOUPER SOUP	Chicken Lemon Orzo	
	CHEF'S TABLE	Chicken Francese	
	SIDES	Rice Pilaf Mixed Roasted Vegetables	
	UPMARKET DELI GRILL SPECIAL	Blt Barbecue Chicken Sandwich Caprese Burger	
Tuesday 7.10	WAKIN' UP	*Spinach, Tomato & Feta Omelet	
	SOUPER SOUP	Sausage Lentil	
	CHEF'S TABLE	Grilled Marinated Flank Steak Topped A Mushroom Demi Glaze	
	SIDES	Baked Sweet Potato Grilled Asparagus	
	UPMARKET DELI GRILL SPECIAL	Panko Crusted Flounder Sandwich W/Lettuce, Tomato & Tartar Sauce Chicken Quesadilla	
Wednesday 7.11	WAKIN' UP	Western Omelet W/Side Of Toast	
	SOUPER SOUP	French Onion	
	CHEF'S TABLE	Roasted Pork Shoulder (Pernil)	
	SIDES	Arroz Con Gandules Bean Stew	
	UPMARKET DELI GRILL SPECIAL	Boar'S Head Chipotle Chicken Breast Melt W/Bacon, Lettuce, Tomato, Onions & Avocado Chicken Tenders W/French Fries	
Thursday 7.12	WAKIN' UP	*Bacon Egg & Cheese On A Bagel	
	SOUPER SOUP	Creamy Tomato Basil	
	CHEF'S TABLE	Cod Fish Piccata	
	SIDES	Garlic Mashed Potato Sugar Snap Peas	
	UPMARKET DELI GRILL SPECIAL	Classic Pastrami Sandwich W/Coleslaw & Provolone Cheese Black Bean Burger Topped W/Guacamole, Lettuce & Tomato	
Friday 7.13	WAKIN' UP	*Vegetarian Omelet	
	SOUPER SOUP	Turkey Chili	
	CHEF'S TABLE	Stir Fry Chicken Or Shrimp	
	SIDES	Egg Noodles Vegetable Spring Rolls	
	UPMARKET DELI GRILL SPECIAL	Turkey Sandwich Topped W/Cranberry Chutney& Swiss Cheese Teriyaki Burger Topped W/Cabbage Scallion Slaw	

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness



MENU SUBJECT TO CHANGE