

Menu for the Week of: September 10,2018



Managed by CulinArt Group, River Bend Café is open Monday through Friday.
 Breakfast is served from 7:00 am-9:30 am. Lunch is served from 11:30 an -2:00 pm.
 Franklin Hernandez, Chef Manager
 Phone: 203.359.7920; Email: Foodservice@riverbend1.com

MAKE THE CHOICE THAT'S RIGHT FOR YOU.

EAT WELL 500-CALORIES-OR-LESS VEGETARIAN VEGAN

Monday 9.10	WAKIN' UP	Brulee French Toast	
	SOUPER SOUP	Chicken Orzo & Spinach	
	CHEF'S TABLE	Roasted Pork Shoulder (Pernil)	
	SIDES	Rice & Gandules	Steam Broccoli
	UPMARKET DELI	Tuna Blt	
	GRILL SPECIAL	Beef Or Chicken Empanadas	
	FLATBREAD PIZZA	Buffalo Chicken Pizza	
Tuesday 9.11	WAKIN' UP	Blueberry Pancakes	
	SOUPER SOUP	Pasta Fagioli	
	CHEF'S TABLE	Herb Roasted Turkey	
	SIDES	Roasted Garlic Mashed Potato	Green Beans
	UPMARKET DELI	Baja Chicken Sandwich	
	GRILL SPECIAL	Sausage & Peppers Grinder	
	FLATBREAD PIZZA	Margarita Pizza	
Wednesday 9.12	WAKIN' UP	*Huevos Rancheros	
	SOUPER SOUP	Black Bean Tortilla	
	CHEF'S TABLE	Grilled Citrus Salmon & Pineapple Salsa	
	SIDES	Wild Rice Pilaf	Roasted Brussel Sprouts
	UPMARKET DELI	Grilled Vegetable Wrap	
	GRILL SPECIAL	Crispy Sriracha Chicken Burrito	
	FLATBREAD PIZZA	Sausage Pizza	
Thursday 9.13	WAKIN' UP	*California Omelet	
	SOUPER SOUP	Beef Barley	
	CHEF'S TABLE	Chimmichurri Flank Steak	
	SIDES	Country Potato Cake	Grilled Asparagus
	UPMARKET DELI	Turkey Club	
	GRILL SPECIAL	Blacken Chicken Gyro	
	FLATBREAD PIZZA	Grilled Vegetables Pizza	
Friday 9.14	WAKIN' UP	Vegetable Frittata	
	SOUPER SOUP	Potato Corn Chowder	
	CHEF'S TABLE	General Tso'S Chicken	
	SIDES	Jasmin Rice	Mixed Vegetables
	UPMARKET DELI	Pastrami Reuben	
	GRILL SPECIAL	*Chipotle Blt Burger & Avocado	
	FLATBREAD PIZZA	Meat Lovers Pizza	

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness



MENU SUBJECT TO CHANGE